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Southern Nevada Regional Housing Authority



FSS NEWSLETTER

Springtime in the Family Self-Sufficiency Program

To those of you new to the program, I want to congratulate you for taking the step of joining the FSS program as you begin to change your story to change your life and embark on a journey towards self-sufficiency for you and your families. For those of you continuing in the program your perseverance and tenacity as you work towards accomplishing your goals shows the commitment you have to you and your family's self-sufficiency.

Please remember that as a participant in the FSS program you are required to attend at least one Self-Sufficiency Empowerment workshop every six months.

In the event you need to request a contract extension you must have met this requirement in order for your request

to be considered. Check out the workshop schedule for some exciting new workshops. Our workshops will continue to be held via the internet for this quarter. In order to access the workshops you must have a link. In order to receive a link you must RSVP at the FSS program email FSS@snvrha.org. Each workshop will have a unique link so you must RSVP for each workshop you wish to attend. More instructions on accessing the workshops is included on the workshop schedule

One of the main requirements in the FSS program is to seek and maintain employment. If you are currently unemployed you must be actually enrolled in school or seeking employment. You are also required to attend at least one job readi-

ness workshop a month. These workshops are offered on a regular basis by our community partners, Nevada Career Centers, HELP of Southern Nevada, or Goodwill Industries. You should receive calendars of these workshops via email from your FSS Coordinator on a regular basis. It is your responsibility to provide verification of your attendance at these workshops to your Coordinator.

We have a couple of exciting events coming up in June. More information on these events can be found further in this newsletter. **If you are interested in volunteering some time to help with the facilitation of these events please let your Coordinator**

know. On Saturday May 8, I will be hosting a "Chat with the FSS Program Supervisor" Empowerment workshop. This is your opportunity to talk to me about what is working and not working with the **program, not individual Coordinators**, along with any suggestions you may have.

Please be sure you are maintaining regular contact with your FSS Coordinator via mail, email and/or phone. As Nevada continues to experience a downward trend in the COVID-19 pandemic we will continue to evaluate how we conduct business and start having more opportunities for in person interaction.

Martha Floyd, Resident Program Coordinator

HOW TO MAINTAIN A WORK-LIFE BALANCE DURING CORONAVIRUS

Between socializing, parenting, running errands, and working, the coronavirus has significantly altered the way we live our lives. For many people, the public health crisis has meant a sudden shift to remote work environments as officials stress the importance of social dis-

tancing.

While there are certainly benefits to working from home, the transition can be difficult and finding balance within your life can become more complicated. If COVID-19 has left you feeling burnt out, overworked, and

stressed, here are some ways you can manage your work-from-home environment to create a better work-life balance.

- Manage expectations
- Create a dedicated work space
- Take Regular breaks
- Establish a routine
- Communicate your needs

Home Buyer Expo



The U.S. Department of Housing and Urban Development (HUD) has declared the month of June to be Homeownership month. To honor that designation, the Southern Nevada Regional Housing Authority (SNRHA) hosts an annual Home Buyer Expo! We couldn't host an event in 2020 which is why we are very happy and excited to have one this year! This free Home Buyer Expo is a great chance for SNRHA clients and participants to meet with local mortgage lenders, real estate agents, credit counseling

agencies, banks and down payment assistance programs all in one place! **The Home Buyer Expo will be held on Saturday, June 26, 2021 from 9:00 a.m. – 1:00 p.m. You do not have to attend the entire time. This is an open event where you visit each company/agency at your own pace.** Our very own Board Commissioner and Clark County Commissioner, Clark County Commissioner Richard L. "Tick" Segerblom is sponsoring this event which will be held at the **Cambridge Recre-**

ation Center at 3930 Cambridge St, Las Vegas, NV 89119. The facility is large enough to allow for plenty of space between tables. If you are willing and able to volunteer to work the registration table or help with managing crowd spacing, please let your FSS Coordinator know. We will be sending you flyers with more detailed information about registration and the event. We are looking forward to seeing you at this informational and beneficial event!

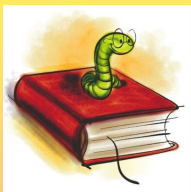


Family Day/ Health Fair event 2021

Mark your calendars! The FSS program, in collaboration with the City of Las Vegas Councilwoman Olivia Diaz, will be hosting our first major in-person event since the onset of COVID 19. The Family Day/ Health Fair event will take place on Saturday, June 5th, 2021 from 9:00 A.M. to 2:00 P.M. at the East Las Vegas Community Center, located at 250 N. Eastern.

SNRHA is hosting this event in support of HUD's "Strong Families Initiative" which is designed to host family-friendly events that promote economic opportunity and self-sufficiency to recipients of housing assistance. We have collaborated with several community agencies that will be providing information on a

variety of educational, job placement and health issues. Attendance at the event will count as a Self-Sufficiency Empowerment workshop. Watch for our flyer with more information. We are looking for volunteers to help us with operations the day of the event. If you wish to volunteer, please contact your coordinator.



Homework Help Tutoring with Clark County Library

America Reads tutors provide in person tutoring for grades K-5. Proper social distancing measures are in place and masks are required. Students need to bring the work they need assistance with.

*Tutoring is provided on a first come first serve basis with time limits set for each student.

Services are available at multiple locations. The following times & dates are for the **Flamingo location.**

1401 E. Flamingo Rd
Las Vegas, NV 89119

Ph: 702-507-3436

- Monday, April 26, 2021 (3:00PM – 7:00PM)
- Tuesday, April 27, 2021 (3:00PM – 7:00PM)
- Wednesday, April 28, 2021 (3:00PM – 7:00PM)
- Monday, May 3, 2021 (3:00PM – 7:00PM)
- Tuesday, May 4, 2021 (3:00PM – 7:00PM)
- Thursday, May 6, 2021 (3:00PM – 7:00PM)

6 Tips for Successful Spring Cleaning

The flowers are blooming, the birds are serenading, and the house still feels like it's stuck with winter blues. Spring cleaning is a tradition that allows us to freshen up our homes and get a head start on the often hectic seasons of spring and summer. It can feel like a daunting task, but it doesn't have to be difficult. Here are six spring cleaning tips to get you started.

Clean room by room:

Approach your house *room by room* is the most effective way to deep clean it. Create cleaning checklists for each room to help you get organized and to remind you of the areas that need extra attention. Feel free to skip the areas that have been cleaned recently, and focus on the parts that were largely neglected over the winter.

Organize & clean the clutter:

One of the biggest parts of spring cleaning is often getting rid of clutter. A systematic four-step approach can be helpful for this. Identify problem areas, analyze reason for the clutter, determine solutions, and implement these remedies. Sorting your belongings into four categories—trash, give-away, store and put away—can also be effective as you go through the spring-cleaning process. Move the clutter out ASAP.

Get the household involved:

Make spring cleaning a household endeavor. Even young children can be excellent helpers. Assign age-appropriate chores, so everyone feels included. Try throwing on some music as you clean or establishing a household reward as an incentive to get the work done.



Tackle the seasonal chores:

Many chores need to be done seasonally, especially in preparation for warmer weather. So incorporate them into your spring cleaning routine to get them out of the way early. For instance, tackle outdoor chores, such as cleaning the grill, patio, and outsides of windows, as soon as the weather warms up. Put away all the winter items, and bring out the Spring items.

Keep cleaning products to a minimum:

If you need to shop for new cleaning products for spring cleaning, keep your items to a minimum. Myriad cleaning supplies can create unnecessary clutter, and you probably don't need all of them to keep your home fresh and clean. Opt out for a good all-purpose cleaner and a microfiber towel.

Establish new cleaning habits:

A thorough spring cleaning that covers the whole house is a great opportunity to establish ongoing cleaning habits, which can make the next spring cleaning even easier. For instance, don't try to do all your cleaning in one day or one weekend. Instead, tackle items on your to-do list for just 15 minutes each day. That will help you get in to the habit of tidying up for 10-15 minutes per day.



Clark County-Neon to Nature

Escape. Explore. Enjoy.

Discover beautiful walking and biking trails right in your own backyard with the "Neon to Nature" program. It contains over 1,000 miles of trails here in the valley!

Each trail listing includes trail information and photos, along with a detailed map description of the trail's location, length, and various amenities. You can personalize your map to see only trails that meet your needs.

ESCAPE EXPLORE ENJOY

So Many OPEN SPACE & TRAILS

Find hiking, biking, and park trails throughout Southern Nevada with the Neon to Nature app.

FREE Download:

Southern Nevada Regional
Housing Authority

340 N. 11th St.
Las Vegas, NV 89101
(702) 477-3100

*"Just living is not enough. One must
have sunshine, freedom, and a little
flower."*

Hans Christian Andersen



Employer Value Life Skills

Life skills are abilities and behaviors that help you effectively deal with the events and challenges of everyday life. If you are looking for employment, be aware that almost every employer is looking for the skills listed below. When you make it clear to a potential employer that you possess these skills, through your resume, cover letter and job interview, you will maximize your chances of

COOPERATION:

The ability to get along with others and work as part of a team is critical to not only landing, but also keeping a job

COMMUNICATION:

The ability to convey information to others, verbally, in writing and through body language, are important in any workplace. Demonstrate that you will be able to communicate effectively with your boss, your co-workers and your customers.

DECISION MAKING:

Employers want employees who can analyze situations, weigh options and then make decisions on important matters.

HANDLING CRITICISM:

It is important that an employee have the ability to receive feedback thoughtfully and to grow and adjust behavior based on that input. Self-awareness, thoughtfulness and professionalism are all key to this skill.

INFORMATION TECHNOLOGY:

Computer and phone skills are critical for almost every job. Be prepared to use common computer programs such as Word, Excel, Outlook, etc.

EMPLOYMENT TIPS:

Many companies are screening potential employees' online/social media accounts before offering them employment.

One tip to remember is your social media accounts are typically public accounts which anyone can view, even your future boss.

Try to keep your posts positive, remember that poor grammar, unprofessional pictures or vulgar language can deter a potential employer from giving you a chance.

Don't let your social media keep you from being employed.